

# Standard Grocery List

## FRESH PRODUCE

- Beans
- Broccoli
- Cabbage
- Carrots
- Celery
- Corn
- Cucumbers
- Garlic
- Lettuce
- Mushrooms
- Onions
- Peas
- Peppers
- Potatoes
- Squash
- Tomatoes

## LUNCH MEAT & CHEESE

- Packaged Meat
- Packaged Cheese
- Bologna
- Lunch Kits
- Shredded Cheese
- Cheese Slices

## BAKERY

- Bagels
- Specialty Bread
- Cakes
- Cookies
- Croissants
- Donuts
- French Bread
- Muffins
- Pastries
- Rolls

## DELI

- Cheddar
- Feta
- Monterey Jack
- Mozzarella
- Parmesan
- Provolone
- Swiss

## FROZEN FOODS

- Breakfast
- \$ Economy-Size Frozen Food
- \$ Frozen Meat / Seafood
- Juice
- Pastries
- Pies
- Potatoes
- Vegetables

## MEAT MARKET

- Bacon
- Chicken
- Ground Beef
- Ham
- Hot Dogs
- Pork
- Ribs
- Roast
- Sausage
- Steak
- Turkey

## GROCERY

- Beans
- \$ Bottled Water
- Boxed Dinners
- Bread, sliced
- Buns
- Canned Vegetables
- \$ Cereal
- Chips / Snacks
- Coffee / Tea
- Crackers
- Flour
- Honey
- Jam / Jelly
- Juice
- Ketchup
- Kool-Aid
- Mac & Cheese
- Mayonnaise
- Mustard
- Nuts / Seeds
- Oil
- Pasta
- Peanut Butter
- Pickles / Olives
- Popcorn
- Rice
- Salad Dressing
- Salsas / Chiles
- Salt / Seasoning
- Soup
- Spices
- Sugar
- Syrup
- Tomatoes
- Tortillas